



Laughton Junior & Infant School

Learning together, achieving together

EYFS Personal, Social and Emotional Skills



	NURSERY and RECEPTION						LINKS TO KS1 Curriculum
Confidence	Select and use activities and resources with help when needed. Begin to follow routines with an adult	Able to make a comment during circle time. Explore new activities Follow routines with an adult	Able answer a question confidently during carpet time. Explore new experiences e.g. trying new food Follow routines Is proud of achievements	Children to have confidence to share ideas in play Confident initiating play with others Has a positive attitude about themselves	Children to have confidence to lead an activity. Confident to try new challenges/experiences Has resilience with challenges	Children answer challenging questions Confidently set up an area and initiate an activity	Families and people who care for me Caring Friendships Being safe
Responsibility and Independence	Ensure children know that they are responsible for looking after their own coat and bag etc. Follow new routines with support	Care for the classroom doing jobs e.g. "Put empty milk cartons in the bin." Able to tidy up and put away equipment	Follow routines independently Children to be responsible for their environment. Children to help decide what to put out in provision. Select own activities and resources independently Children to have responsibilities in the class. E.g. line leader, giving out milk and snack, tidying up different areas etc.	Children to be aware that they are responsible for their own actions e.g. litter, trip hazards etc.	Encourage others to care for their environment and help others follow routines.		
Rules and managing behaviour	Children are aware of rules and boundaries and begin to understand why.	Begin to say sorry and understand what is kind/unkind	Follow rules of the kindness tree with independence Talk about their action and what they need to do next time Have respect for toys and equipment handling them carefully	Encourage others to have kind hands, kind feet and kind words Begin to understand how their behaviour affects others	ALWAYS have kind hands, kind feet and kind words Resolve own behaviour without an adult		

Relationships, sharing and Conflicts	Children to gain good relationships with adults in the class and plays alongside others Children know to ask for help if they need an adult to help them with their problem. Plays alongside others with equipment Children to be able to ask an adult if they would like a turn of a resource.	Has developed some friendships Happy to share a toy with another Be able to wait for their turn with support	Children to gain good relationships with all of the children in the class and the adults in the setting. Children to be able to solve conflicts. Listen to their peer and agree a compromise. If another child asks for a turn of a resource, child to say yes and pass it over when finished Waits patiently for their turn in a game or for equipment/toy		Children to explain to others how they thought about a problem or an emotion and how they dealt with it. Children to problem solve and talk about how they are going to come to a solution if lots of children want to play with the same thing.	Children to deal with their own problems before asking an adult for help. When children are reading stories, children to comment on what they would do to make the situation better. Thinks of perspectives of others	
Feelings and self-regulation	Tell an adult if they are upset Children to talk about how they are feeling daily using happy and sad.	Begin to calm themselves when they are upset or angry Children to talk about how others are feeling e.g. in stories or peers	Children to explain why they are feeling happy or sad. What has made them feel like it? Comforts another child if they are upset	Begin to have resilience and perseverance Children to openly talk about their feelings and opinions.	Be able to self-regulate emotions and self-soothe when upset and deal with feelings appropriately	Understand a range of emotions e.g. anxious, frightened, frustrated and talk about them	
Personal Care	Able to use the toilet and wash hands independently	Children to try healthy foods at snack time Children to blow nose independently and know to get a tissue if they need one.	Children to know to wash hands when they have been outside to play or if they are dirty.	Children to try a range of foods at lunchtimes and can name healthy foods Know other ways to stay healthy e.g. keeping clean	Children to remind others in the class they need to get a tissue, wash hands and encourage others to eat healthy food		